



Claim Form

Healthy Lifestyle
Reimbursement



GROUP NAME City of Sparks

GROUP # 76416576

HOW TO PRESENT A CLAIM

1. One form is required per individual. If you have multiple dependents and reimbursement requests, you must complete one form for each individual including both the "Member Information" and "Dependent Information" on the form.
2. Describe what the reimbursement is for in the "Remarks" box.
3. Attach proof of payment to the claim form.
4. Upload the claim form and proof of payment to the UMR.com portal or mail to the address below.

WHERE TO SEND A CLAIM

UMR
PO Box 30541
Salt Lake City, UT 84130-0541

Preferred Method: Upload form/receipts on portal through UMR.com

MEMBER'S INFORMATION

MEMBER'S NAME		SEX M ☐ F ☐		MEMBER ID NUMBER		
Last	First	Middle				
MEMBER'S ADDRESS				DATE OF BIRTH		
Number and Street	City	State	Zip Code	Month	Day	Year
REMARKS:						

DEPENDENT INFORMATION

Complete only if patient is a dependent spouse or child.

DEPENDENT'S NAME		SEX M ☐ F ☐	
Last	First	Middle	
RELATIONSHIP	DATE OF BIRTH		
☐ Spouse ☐ Child	Month	Day	

The above answers are true and correct to the best of my knowledge. I hereby authorize any physician, surgeon, practitioner or other person, any hospital, including veterans administration or governmental hospital, any medical service organization, any insurance company, or other institution organization to release to each other, any medical or other information acquired, including benefits paid or payable, concerning this or other disabilities. A photostat of this authorization shall be as valid as the original.

Member's Signature

Date

Parent's Signature (Parent, if member is a minor)

Date